



## **SCHOOL CLINIC**

The school has a well equipped clinic to take care of the immediate medical needs of the students during the school hours. Parents are informed if specialized medical care is essential.

Parents are requested to fill the medical card in the diary for the convenience of the clinic incharge.

### **MEDICAL AND HEALTH CHECK UP OF THE CHILD**

Parents are requested to impart health education to children. Healthy habits should be inculcated at a very young age. Personal hygiene should be maintained. A child should be given a balanced diet and boiled or filtered water. Exercising regularly is very essential. He should sleep for 8 hours a day. Buying eatables from roadside is strictly forbidden. Please ensure that your child is taken for dental and ophthalmic check once in year. Deworming is also essential. Students suffering from infectious diseases like conjunctivitis, dermatitis, scabies, measles, mumps, influenza etc. should not be sent to school. Those suffering from chronic diseases e.g. asthma, epilepsy, rheumatic heart diseases are advised to be under constant medical supervision and should keep the school informed.

Parents should ensure that children are vaccinated against Measles/ MMR, DT, Tetanus, Typhoid, Cholera, Hepatitis, Meningitis, before sending them to school.

If a child suffers from Chicken Pox, Cholera, Mumps, Measles, Whooping Cough and Jaundice he is to be kept under strict medical supervision and should not be sent to school until cured fully.

Please fill in the medical card provided in the diary. In cases of chronic illnesses it would be appreciated if you let the school have the necessary details along with a mention of the treatment being taken.

Students suffering from any kind of infectious disease are required to submit a fitness certificate to the teacher on the day of joining back.

**STUDENTS SUFFERING FROM ANY COMMUNICABLE DISEASES SHOULD  
TAKE A MINIMUM OF SEVEN DAYS OF LEAVE.**

**ON THE DAY OF JOINING BACK THE STUDENT IS REQUIRED TO SUBMIT  
A MEDICAL FITNESS CERTIFICATE.**